

Racing Through 2017



January-Charleston 1/2 Marathon



***February— Massacre
Marathon Relay***

Oak Island 1/2 Marathon





Northeast Park Duathlon



March- Intimidator 1/2 Ironman



***April- Hopfest
1/2 Marathon***



Pig Pounder 5K



May- Lake Jordan Open Water Swim



70.3 Chattanooga



July- Ironman Santa Rosa



August- Race the Bar 10K

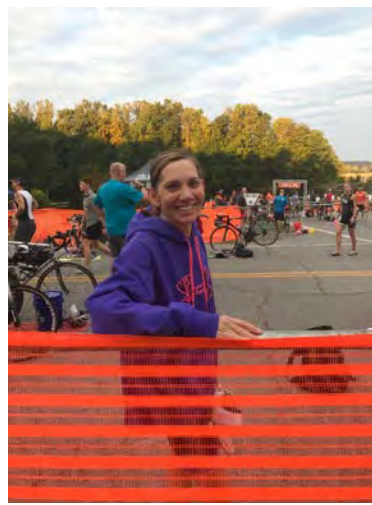
Growler Gallop 10K



September- Salem Lake 30K & 7-miler



***70.3 World Championships
Chattanooga***



NC State Championships



Ridgewood Try a Tri for Hospice



***October- Horneytown Run
for Hospice 5K***



70.3 North Carolina



November- NYC Marathon



Greensboro Gobbler 5K



Mistletoe 1/2 Marathon